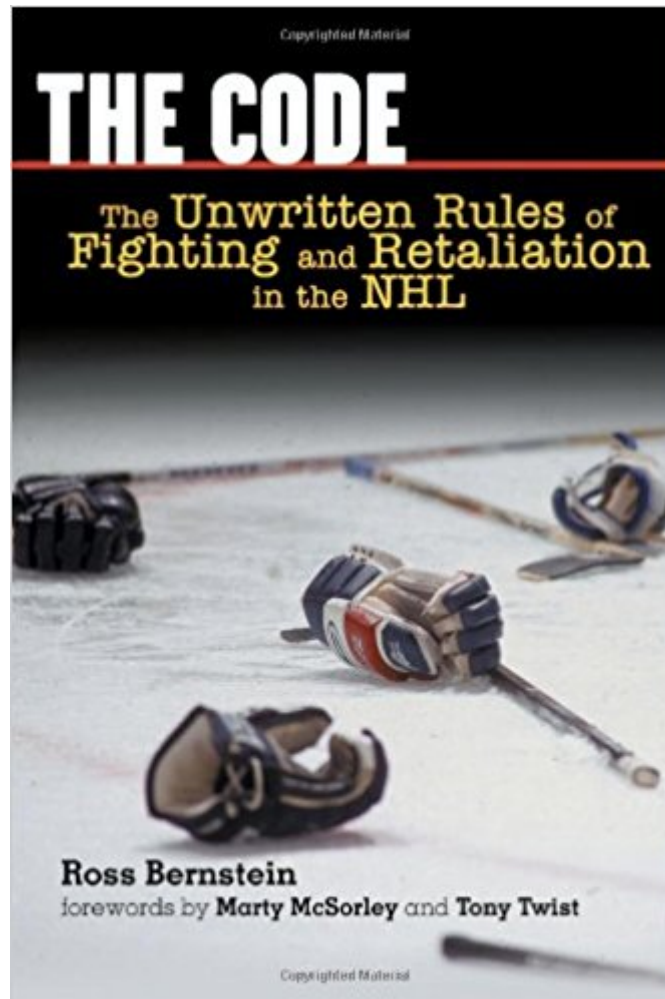


The book was found

# The Code: The Unwritten Rules Of Fighting And Retaliation In The NHL



## Synopsis

For decades, hockey crowds have been brought to their feet for one of the most exciting aspects of NHL games—the fights. *The Code: The Unwritten Rules of Fighting and Retaliation in the NHL* by Ross Bernstein takes you in-depth and behind the scenes to explore the history of fighting during hockey games and the honor system behind it. More than 50 NHL players, coaches, and media personalities were interviewed to examine how players go about their business during a fight on the ice. They explain why fighting is allowed and what tactics are used before, during, and after the melees. *The Code: The Unwritten Rules of Fighting and Retaliation in the NHL* discusses the top reasons why the gloves come off during hockey games.

## Book Information

Hardcover: 272 pages

Publisher: Triumph Books (September 1, 2006)

Language: English

ISBN-10: 1572437561

ISBN-13: 978-1572437562

Product Dimensions: 0.8 x 6 x 8.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars— See all reviews (37 customer reviews)

Best Sellers Rank: #607,037 in Books (See Top 100 in Books) #26 in Books > Sports & Outdoors > Coaching > Hockey #215 in Books > Sports & Outdoors > Hockey #427 in Books > Sports & Outdoors > Miscellaneous > Sports Psychology

## Customer Reviews

As a long-time hockey enthusiast and proponent of fighting in the NHL, I thought this book would be a great read. It is, for the most part, very educational, explaining a lot of the history of fighting and feuds in the NHL, describing the infamous, unwritten Code and what it means to the players and coaches, and also detailing how various rule and cultural changes have revised the game to its current state. (Although we can probably stop calling it the "unwritten Code" now that, ya know, there's this book.) Unfortunately, it's NOT a great read, and many of the reviews here are spot-on. The book is amateurish and mediocre, strictly for the hardcore enthusiast or someone who desperately seeks to absorb everything to know about hockey and needs this book as a primer to understand fighting in the NHL. Bernstein's words only account for about 30% of the overall manuscript. The rest is clips and quotes from NHL players and coaches, mostly Tony Twist, Marty

McSorely, and Paul Stewart. Most quotes read like this: "Blah blah positive comment about fighting in hockey. Blah blah some anecdote about respect. Blah blah one time I did this, and here's why I beat this guy's face. Blah blah that's what the code means to me." That's great, and I get the point. But do we need 119 quotes that all sound alike? Bernstein also includes more cliché than should be allowable by law. He's in LOVE with using "quotes" to make references to things where no quotes are necessary, often being those afore-mentioned clichés. What's lamentable is that there are numerous black and white photos peppered throughout the book. That's right... good ol' grayscale.

If you want to know why fighting in hockey is not only accepted, but necessary, or if you want some privy information from some of the game's top heavyweights, then read this book. But don't spend your money for it. There are numerous errors of fact throughout this book. One is tempted to give Bernstein the benefit of the doubt, and think it's merely a keystroke, like when he reports the standard size of an NHL rink as 100' X 85'. Later he does list the correct dimensions of 200' X 85, so an early typo is forgiveable. By the time I was reading how Mike Vernon led his team to two consecutive Stanley Cups from 1996-1998 though, I knew they weren't typos. Mike Vernon wasn't the starting goaltender for the Detroit Redwings in '96-97 regular season, but he did build his stock up enough in the playoffs to get a fat contract from San Jose the following year, when Chris Osgood (and Kevin Hodson) backstopped the Wings to the Cup in '97-98. It is impossible to type "Ontario" though when you mean "Alberta". Bernstein refers to the rivalry between Calgary and Edmonton as "the battle of Ontario", and I know he knows the difference, because he later refers to it as "the battle of Alberta". After a while of reading other completely irresponsible factual mistakes, the book would seem to be much less credible. The only thing that salvages it is that quite a bit of the text is verbatim interviews with former and current players, referees and other hockey personalities. Here are some other items that will make a hockey fan furrow their brow - Listing Mario Lemieux as at least 6'5", 230. He did end his career at 230, but came into the NHL at 18 years old weighing much less and standing 6'4" tall.

[Download to continue reading...](#)

The Code: The Unwritten Rules of Fighting and Retaliation in the NHL  
Cancer Fighting Kitchen: Essential Cancer Fighting Foods to Heal Cancer and Cancer Fighting Recipes Under the Sabers:  
The Unwritten Code of Army Wives  
Army Wives: The Unwritten Code of Military Marriage  
The Baseball Codes: Beanballs, Sign Stealing, and Bench-Clearing Brawls: The Unwritten Rules of America's Pastime  
2016&#150;2017 Official Rules of the NHL  
2015&#150;2016 Official Rules of the NHL  
Significant Changes to the International Plumbing Code, International Mechanical Code and

International Fuel Gas Code, 2012 Edition El Capit n Calzoncillos y el diablo lico desquite del Inodoro-Turbotr n 2000: (Spanish language edition of Captain Underpants and the Tyrannical Retaliation of the Turbo Toilet 2000) (Spanish Edition) War of Vengeance: Acts of Retaliation Against Civil War POWs Retaliation (The Boris Chronicles Book 2) California Rules of Court - State, 2015 ed. (Vol. I, California Court Rules) (California Rules of Court. State and Federal) America's Unwritten Constitution: The Precedents and Principles We Live By Sigmund Ringeck's Knightly Arts Of Combat: Sword and Buckler Fighting, Wrestling, and Fighting in Armor Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy (Self-Defense Book 3) 21st Century Pediatric Cancer Sourcebook: Childhood Non-Hodgkin Lymphoma (NHL), Burkitt, B-Cell, Lymphoblastic Lymphoma - Clinical Data for Patients, Families, and Physicians The NHL -- 100 Years in Pictures and Stories Fight psychology: How to overcome the fear of fighting: A tremendous insight into the mind of a fighter (Self Defense, Mixed Martial Arts, Fighting Dirty, Self Esteem Book 1) Hockey Strong: Stories of Sacrifice from Inside the NHL 2013 NHL Draft Black Book

[Dmca](#)